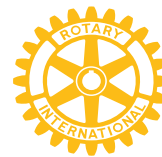


Keyway

A publication of the Rotary Club of San Carlos, CA

Rotary



President: Betsy Koefoed

February 14, 2014

Editor – Chris Edwards

O u r s p e a k e r t h i s F r i d a y :

B o n n i e J . A d d a r i o ,

T H E A L C F S T O R Y

The Lung Cancer Foundation (ALCF) was founded in 2006, but it really began long before its official start date when Bonnie received a Lung Cancer diagnosis and her life was redefined. Her prognosis was grim when she was diagnosed in 2004. Following a 14-hour surgery, a battery of nurses and doctors, an army of radiation and chemotherapy treatments, blood clots, procedures and tubes that invaded her formerly predictable life, Bonnie became a Lung Cancer survivor.

In a unique position to become the voice for the other 1.5 million people personally affected by the number one cancer killer, she began to think of ways to help people facing the crisis of this highly stigmatized disease. “What about the 450 patients who die each day of Lung Cancer in the U.S. alone and their families?” Bonnie asked.

“Where’s the outrage?” On March 6, 2006, the news broke that Dana Reeve lost her battle with Lung Cancer. Bonnie decided:

“Enough was enough!” ALCF was born. Come hear the story.



Upcoming Programs

Upcoming Events

*Second Harvest Food Sort:
March 26*

*Mystery Trip: March 29
This event is **SOLD OUT**
To put your name on the
waiting list please see John W.*

*Feb. 21 - In conjunction with
President's Day - Fred
Lacosse - former San
Francisco TV broadcaster on
the subject of "Your American
Freedoms: Protect Them or
Lose Them." This program will
be at the San Carlos Library so
please invite guests and
especially youngsters - as
Fred has an AV program with
our "Founding Fathers."*

The Four Way Test

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL & BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



R.I. PRESIDENT

Ron D. Burton

DISTRICT 5150

GOVERNOR:

Eric Schmutz

BOARD OF DIRECTORS:

President: Betsy Koefoed
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DIRECTORS:

Alek Klebaner/DDS 12-14
Cameron Miller 12-14
Alex Phillips 13-14
Janette Rabin 12-14
Steve Eldridge 13-15
Dan Taylor 13-15
At van den Hout 13-15

Next BOD Meeting:
February 4 @ 5:30 PM
At McGovern's Insurance

PLEDGE/THOUGHT OF THE DAY:

Bernie Mellott

BIRTHDAYS

No Birthdays this week

CLUB ANNIVERSARIES

**Andy Klein 2/9
Betsy Koefoed 2/9**

CASHIER/FRONT DESK

Steve Holmstrom

OUR FINEMASTER THIS WEEK

John Haggerty

District 5150 Make-up locations

MONDAY

Belmont, 12:15, The Vans
Burlingame, 12:15, Hilton SFO Hotel
Marin, 12:15, Left Bank Restaurant
San Rafael, 12:15, Sheraton Four Points

TUESDAY

Novato Sunrise, 7:15 am, Moylan's Brewery
Pacifica, 7:15 am, Sharp Park Restaurant
Peninsula Sunrise, 7:30 am, Waterfront Restaurant
SF West, Cypress Grill at Harding Park Golf Clubhouse
SF Greater Mission, 7:45 am, Double Play Restaurant
San Rafael Harbor 8 am, Whistlestop Restaurant
Mill Valley, 12:15, Mill Valley Golf Clubhouse
Redwood City, 12:15, The Old Spaghetti Factory
SF #2, 12:15, Sir Francis Drake Hotel
Terra Linda, 12:15, Sheraton Four Points
Marin, 6:30 pm, McInnis Park

WEDNESDAY

Marin Sunrise, 7:15 am, San Rafael Corporate Center
SF Bayview, 7:30 am, SF City & County SE Campus
Woodside/Portola Valley, 7:30 am, Woodside Village Church
West Marin, 8 am, US Coast Guard Galley, Point Reyes Station
SF Chinatown, 12:00 Four Seas Restaurant
Daly City-Colma, 12:15, Outback Steakhouse
Foster City, 12:15, Crowne Plaza
Menlo Park, 12:15, Allied Arts Guild
Millbrae, 12:15, Green Hill Country Club
Ross Valley, 12:15, Deer Park Villa
San Bruno, 12:15, El Rancho Inn
SF Int. Airport, 12:15, Firewood Café, Int. Terminal
Tiburon-Belvedere, 12:15 Tiburon Peninsula Club
San Francisco Evening, 6:30 Antologia Vinoteca, 515 Broadway

THURSDAY

SF Fisherman's, 7:30 am, Franciscan Restaurant
Ignacio, 12:15, Inn Marin
Mission San Rafael, 12:10, San Rafael Joe's
Half Moon Bay, 12:15, Community United Methodist Church
San Mateo, 12:15, Dominic's Restaurant, Poplar Creek Golf
Sausalito, 12:15, Sausalito Yacht Club
So. San Francisco, 12:15, Basque Cultural Center
Tiburon Sunset, 6:15 pm, Sam's Anchor Cafe

FRIDAY

San Mateo Sunrise, 7:30 am, Crystal Springs Golf Course
Novato, 12:15, Margaret Todd Senior Center
San Carlos, 12:15, Piacere Restaurant

MAKE UP ON LINE: <http://www.rotaryclubone.org>

Note: Before going to do a make-up, double check times and dates at www.rotary5150.org.